

Forgiving the Shadow Cohort Introduction

This opportunity will soothe what ails you.

- ✚ When you can't quite shake the thinking habits that we want to.
- ✚ When you keep reacting the same answers over and over again.
- ✚ When you can't figure out why we react a certain unpleasant way to daily stimulation.
- ✚ When your sleeping is off.
- ✚ When your fear of illogical things or when we think that something is logical, it controls our reactions.
- ✚ And when we can't quite get to that happy, calm, state of sweet life satisfaction we are due to ask ourselves **WTF?**

Where's The Faith

When we don't do the work of relying on our non-local selves and on each other for support, we bask in our pain and suffering, of the seeds planted in our subconscious, and all sorts of limitations to grow. The faith of which I speak is faith in the knowledge that we have the innate capability to uproot these seeds. Faith – not in something outside of you, but in knowing your divine birthright is one where you deserve to THRIVE, to be FREE, to be a solid, grounded BEING of LOVE. These are the rewards you receive from doing the work.

When we don't do the work, the struggles continue, and you sit around wondering why. Our time together will be very intimate while being safe. We, together, will hold each other's hearts while holding our feet to the fire.

Details:

- Anyone who has had an intake session with Michelle
- Maximum 6 registrants
- Must purchase the book *Forgiveness: A Path, A Promise, A Way of Life*
- Must commit to all 6 sessions (More sessions will be added as agreed upon.)
- Each session is 90 minutes long.
- Refunds are not available once the program begins.
- There will be an informational session scheduled.
- Costs: \$330 for six weeks if paid in full / \$65 per session. Please do not share this information. This is by invitation only.

This cohort is to support the conversation around Forgiveness but different than the course offered, the focus will be on the needs that are present in the room.